

Hospitality and Catering

Year 9 2023/24



COMMODITIES



Theory

Pastry

Eggs

Emulsification

Meat

Fish

Chicken



Potatoes

Vegetables

Christmas Cake



Fruit



Cheese

Milk

Gelatinisation



Cereals

Pasta

Rice

Carbohydrates
Sugar

Diabetes

Fats

Obesity

Protein

Vitamins and Minerals
The Eatwell Guide
Food allergies
Labelling



Year 10



Apple and Apricot Scones



Enchiladas

Chicken Balti

Sweet and Sour

Cheese and Onion pasties

Brownies

Muffins

Sticky Toffee Pudding

Gnocchi

Soda Bread

NUTRITION



Chocolate Mousse

Swiss Roll



Risotto



Pasta Carbonara
Crème Brûlée

Flapjack

Pancakes



Sauces

Cheesecake

Chicken Wings
Stir Fry

Chicken Masala

Fish cakes

Samosa Pie

Teacake Challenge

Crispy Chilli Beef

Lemon Meringue Pie

Potato salad

Choux pastry

Practicals



Half term 1

Half term 2

Half term 4

Half term 3

Half term 5

Half term 6

