



Dear A-level Physical Education student

## ***A-Level Physical Education***

### Post 16 Bridging Tasks

Having selected OCR A Level Physical Education in September, you will be studying three components (01, 02 and 03).

Over the summer we require you to complete the following tasks which will give you an insight into some of the content of the course, in particular, one of the topics which is a 'Performance Analysis Task'. This is a non-exam assessment piece of work based on your chosen sport.

Use the internet and any other sources you can find to give you the required information, as well as, drawing on your experience in GCSE/Btec PE, GCSE Science and your own practical sporting career so far.

Please follow the instructions at the top of each worksheet in your booklet and fill in all the required information.

These completed tasks should be brought with you to the first lesson at the start of the course.

We are looking forward to seeing you in September!!!

Mr B Langford

Crawshaw Academy Programme Leader PE  
Health and Wellbeing Faculty