

# Year 8 Food and Nutrition

<b>SUBJECT:</b>	<b>Food and Nutrition</b>
<b>YEAR GROUP</b>	<b>Year 8</b>
<b>Term</b>	<b>Curriculum content</b>
<b>Autumn term – half term 1</b>	Biscuits Project – Investigating and designing a new novelty Biscuit suitable for sale in a local super market. Using the skills and techniques Learnt in Y7 to create a new biscuit of their own design.
<b>Autumn term – half term 2</b>	Biscuits Project – Conclusion of Biscuits project and Christmas Decoration skills workshop.
<b>Spring term – half term 1</b>	Healthy Lunchbox – investigating a range of healthy alternatives to traditional dishes including Cheddar and Courgette muffins and Mini Cocoa and Beetroot cakes.
<b>Spring term – half term 2</b>	Healthy Lunchbox (2) making such dishes as Pizza whirls and Mini quiche.
<b>Summer term – half term 1</b>	Design and Make a healthy lunchbox of their own design including and sweet and a savoury dish.
<b>Summer term – half term 2</b>	Jamie’s School Dinners take 2 – Investigating the school food plan and working with the school catering supplier to create dishes suitable for the canteen menu.