

Sexual Consent and the Law

LEARNING OUTCOMES

Knowledge, Skills
& Actions



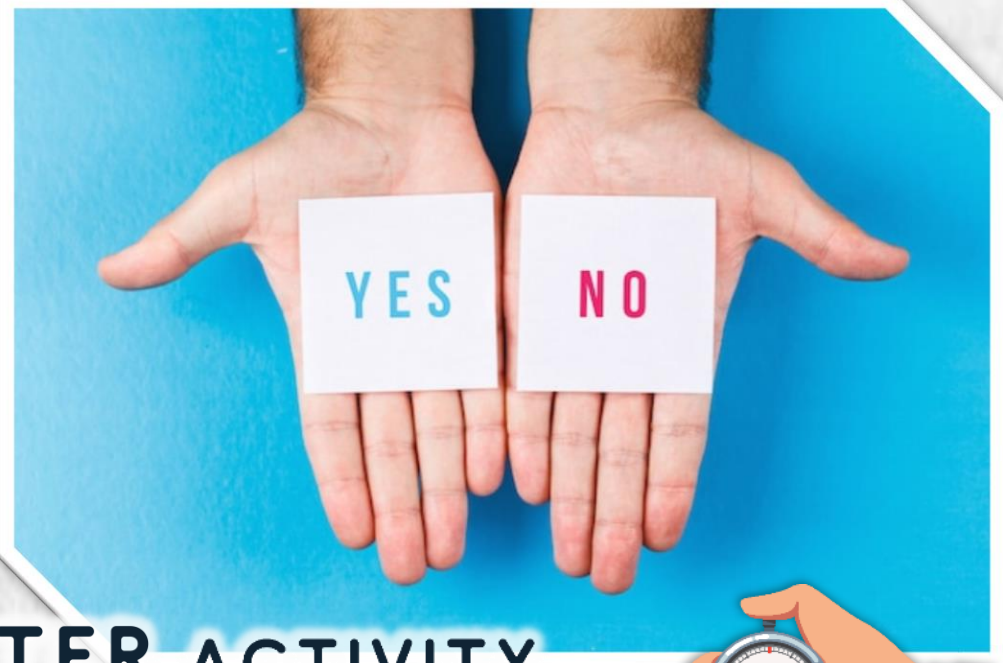
To know the legal definition
of consent and the law
surrounding it

To understand the purpose
and the importance of
consent

To understand the
consequences of sexual
activity with no consent

NEW VOCABULARY

Sexual Consent, Sexual
Assault, Sexual Abuse, Rape,
Age of Consent, Unlawful



STARTER ACTIVITY

YUNGBLUD - Polygraph Eyes

What are the themes behind this song?

What messages does this song/music video try to put across?

How could it be improved?

What other words could be used for consent?



3 Minutes

GROUND RULES



Be open and honest
No Personal Comments
Discussions must be about
'general situations'



You don't have to say
things about yourself if
you don't want to

It's OK to be embarrassed
by a topic but don't show
that you are embarrassed
through silliness



Be Respectful

Listen & don't interrupt others
Only 1 person talking at a time
Use the agreed appropriate
Language (Avoid slang terms)



Don't Make Assumptions
about people's values,
attitudes, behaviours, life
experiences or feelings

PSHE CLASSROOM RULES

DEALING WITH SENSITIVE TOPICS

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

There are **no stupid questions**
It's OK to get things wrong

Be Non-Judgemental

No put-downs. Challenge
the opinion, not the
person



Conversations on sensitive
topics stay in the
classroom unless it is a
safeguarding issue

Enjoy the lesson, challenge your perceptions and understand how to seek further advice and support

Sexual Consent and the Law

ASSESSMENT FOR LEARNING

BASELINE CONFIDENCE CHECKER



BEFORE THE LESSON	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
Knowledge, Skills & Actions	1	2	3	4	5	6	7	8	9	10
I can explain what consent is, and the need for consent										
I know the law in relation to consent, sexual assault, and rape										
I can describe the consequences of sexual activity without consent										



2 Minutes

Complete a baseline assessment of where you think you are at for this lesson
(Discuss or complete sheet)



I'm not confident at all on this topic



A little confident



Confident



Very confident



I am super confident on this topic



Sexual Consent Awareness



Check Consent

Task: Pick one or two coloured hats and answer all the related questions



4 Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



What thinking is needed? Next steps? Where are we now?

THINKING



What is wrong? Is it safe? Can it be done?

JUDGEMENT

Core Aims for Young People for Relationships and Sex Education in Secondary Schools

- Respect and understanding of consent
- Understanding of anatomy, physiology, dysfunction, fertility and sexual response
- Ability to maintain safety (legally, physically and emotionally)
- Understand how to build, maintain, and negotiate healthy relationships
- Openness to exploring sexuality, gaining knowledge, and asking for help as part of personal development
- Celebrate sexuality, pleasure, and the joy of sexual relationships
- Understand own values/beliefs and how they impact on decision making and behaviour
- Ability to comprehend, establish and respect boundaries
- Developing personal skills

- ✓ **INFORMED DECISIONS**
 - ✓ **CHOICE**
- ✓ **RIGHT DECISIONS**
 - ✓ **NO PRESSURE**

- Build resilience to be able to manage any unwanted outcomes
- Having an awareness of the diversity of sexual behaviour
- Understanding of varying gender roles in cultures and societies
- Appreciation of the diversity of sexual orientation and gender identities
- Applying critical analysis to media representations
- Developing a positive attitude towards own concept of self

WHAT IS AND IS NOT CONSENT?

Task

What do you think does and does not count as someone giving consent?

Consent



Not Consent



Key Aspect of the Law on Consent

The age of consent to any form of sexual activity is 16. The age of consent is the same regardless of the gender or sexual orientation of a person, and whether the sexual activity is between people of the same or different gender.

- It is an offence for anyone to have any sexual activity with a person under the age of 16 (if both are under 16, this will be a matter of public interest to decide if a prosecution will be sought).
- It is an offence for a person aged 18 or over to have any sexual activity with a person under the age of 18 if the older person holds a position of trust, (for example a teacher or social worker) as such sexual activity is an abuse of the position of trust.

EXTRACTS FROM

Home Office, Children and Families: Safer from Sexual Crime – The Sexual Offences Act 2003, London: Home Office Communications Directorate, 2004.

Did you know?

The Criminal Law Amendment Act 1885 increased the age of consent in England from 13 to 16



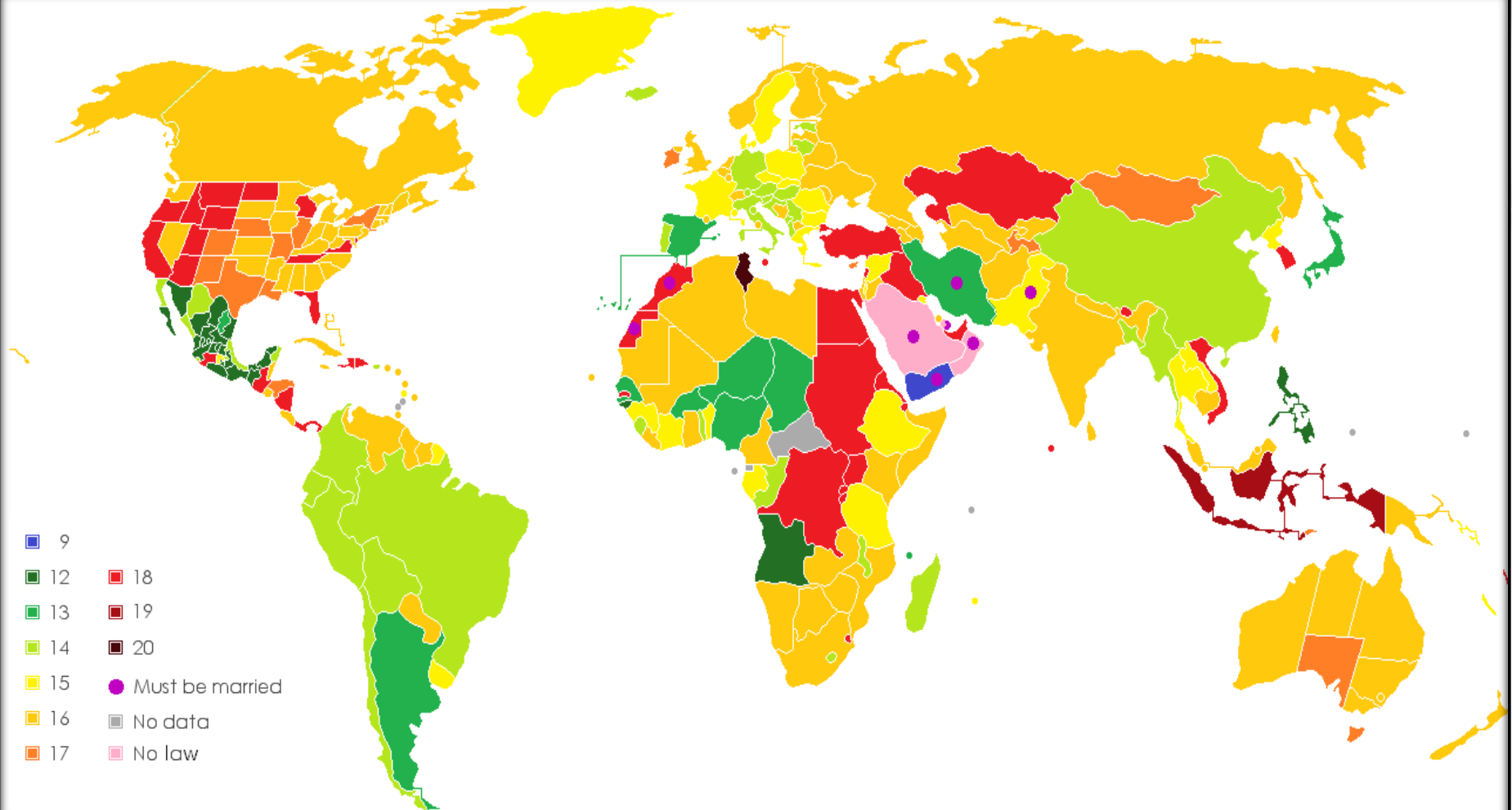
Age of consent for heterosexual sex around the world

Task

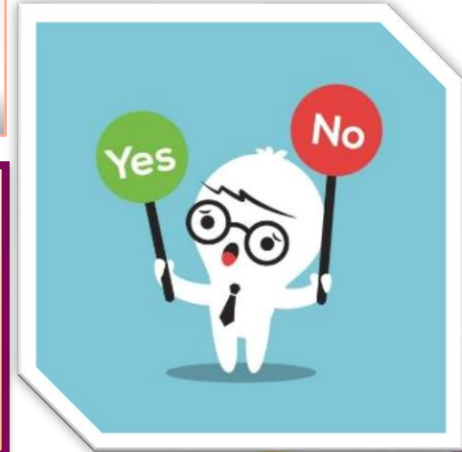
Does anything surprise you?

What age do you think it should be?

Why does it vary so much around the world?



Consent



You don't have to do anything that you don't want to do. If you're being pressured to do something you're not comfortable with, it is called coercion, even if it is with someone you trust.

Consent is an agreement which is given willingly and freely, without exploitation, threat, or fear, and by a person who has the capacity to give their agreement.

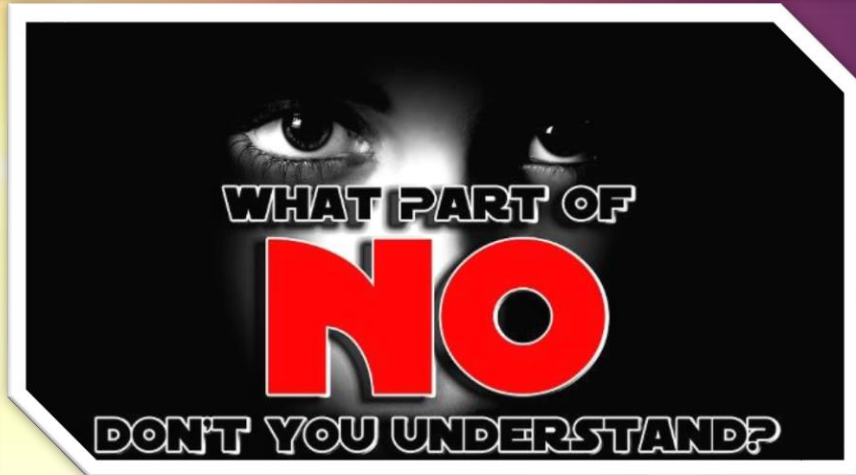
Tea Consent
(Clean)

3 Minutes

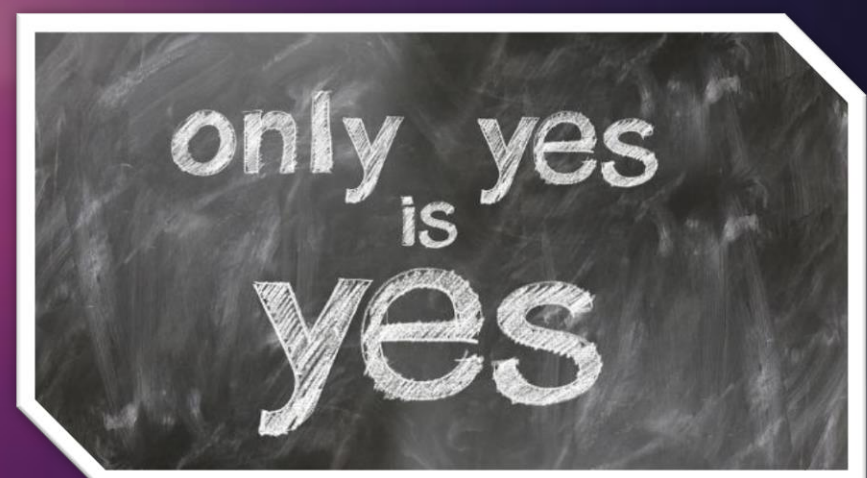
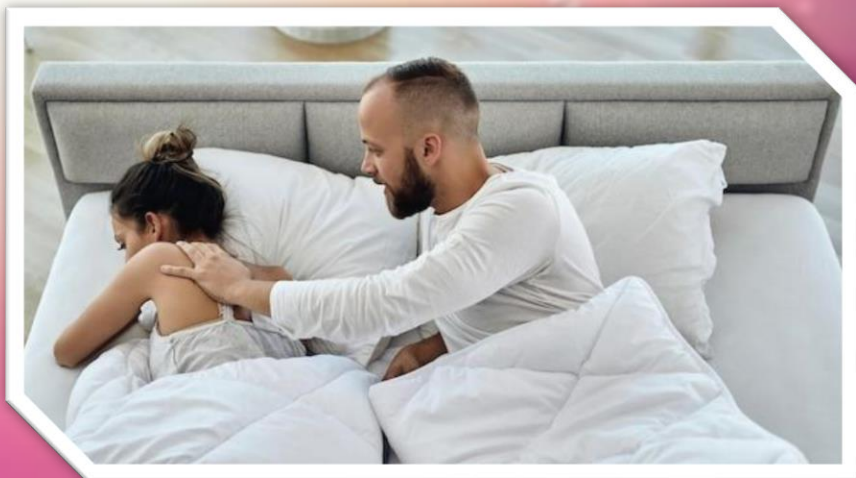


Ethical sexual practices based on respect, equality, and freedom are crucial, especially if we want to work to prevent sexual violence.

Consent must be sought, and is rooted in mutual respect, empathy, and dignity for another person.

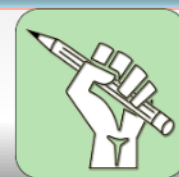


Explain how each image links to the topic of 'Sexual Consent and the Law'





Consent as a Bike Ride



Cycling Through Consent

Task: Pick one or two coloured hats and answer all the related questions



4 Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



What thinking is needed? Next steps? Where are we now?

THINKING



What is wrong? Is it safe? Can it be done?

JUDGEMENT

Quick Quiz: Consent

YES

NO

WHICH FIVE OF THESE ARE COMPONENTS OF CONSENT?

A

Essential

E

Assumed

I

Pressured

B

Retractable

F

Given Freely

J

Forced

C

Active

G

Silent

K

Blackmailed

D

Reluctant

H

Comfortable

L

Unconscious

Quick Quiz: Consent

YES

NO

WHICH FIVE OF THESE ARE COMPONENTS OF CONSENT?

A

Essential



E

Assumed



I

Pressured



B

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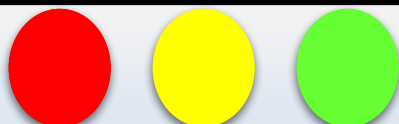
L

Unconscious

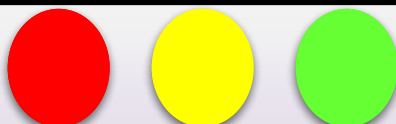


HAS CONSENT BEEN GIVEN IN EACH SCENARIO?

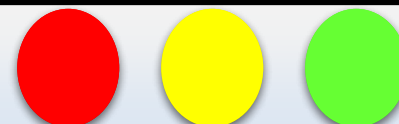
If someone is married but says nothing, has consent been given?



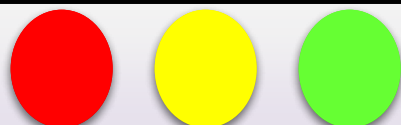
If a person is drunk and says yes, has consent been given?



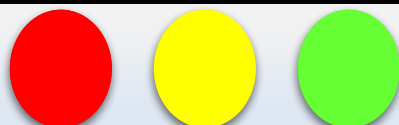
If a person says yes after feeling pressured, has consent been given?



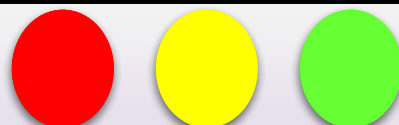
If a person says nothing, has consent been given?



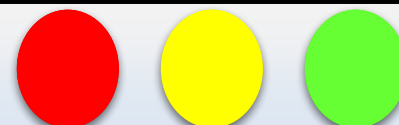
If a person is high on drugs, has consent been given?



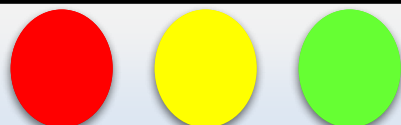
If a person says yes, has consent been given?



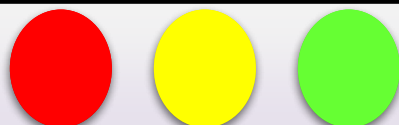
If a person is 17, has consent been given?



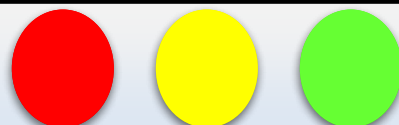
If a person shrugs, has consent been given?



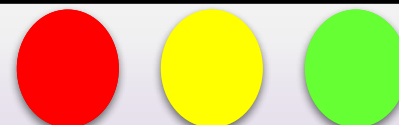
If a person is silent, has consent been given?



If a person is 15, has consent been given?



If a person is in love and says yes, has consent been given?



Task

Green (Safe): Consent has been given (remember it can be withdrawn at any moment)

Amber (Unsafe): I'm not sure if consent has been given

Red (Completely Unsafe): Consent has definitely not been given

Key Aspect of the Law on Rape

Rape is defined as: 'Unlawful sexual intercourse or any other **sexual penetration** of the vagina, anus, or mouth of another person, with or without force, by a sex organ, other body part, or foreign object, **without the consent of the victim.**'

(Legislation.gov)

'Someone consents to vaginal, anal or oral penetration only **if they agree by choice** to that penetration and has the freedom and capacity to make that choice. Consent to sexual activity may be given to one sort of sexual activity but not another, e.g. to vaginal but not anal sex or penetration with conditions, such as wearing a condom. **Consent can be withdrawn at any time** during sexual activity and each time activity occurs.'

(Section 74 Sexual Offences act 2003) NHS

Did you know?

In the UK, the maximum sentence for rape is life imprisonment.

In addition to a prison sentence, a person convicted of rape may also be required to register as a sex offender and may be subject to a Sexual Harm Prevention Order (SHPO), which can place restrictions on their behaviour and activities.



Sexual abuse:
When someone does something
sexual to another person
without their consent

THIS IS WRONG AND
AGAINST THE LAW!

Sexual abuse has nothing to do
with sexual orientation

Sexual abuse is never the
victim's fault

It is more common than people
think, and you are not alone

Always tell a trusted adult or
seek specialist support

Sexual Abuse
Can Happen
to Anyone

3 Minutes

PLAY VIDEO

*Someone touched me
and forced me to touch
them, and I don't know
what to do about it.*

Jon

Someone showed me
pornographic material, and
it made me uncomfortable.
I don't know what to do
about it.

Sarah

Task

What advice would you give Jon and Sarah?

What Do You Think?



“It should always be the boy’s responsibility to ask for consent”

Talking Points



I think that ...

I don’t think... is right because...

My opinion is...

I would argue the same because...

I disagree with... because...

Building on what... said. I think...

An alternate way of looking at this is...

I sort of agree, however....

I would challenge what.. said because ...

Do you agree or disagree? Why?

Can you add to the statement?

Do you have a question about the statement?

Would you like to challenge what is being said?

Do you have an alternative idea?



What Do You Think?



**“Someone under 16
can consent to sex
even though this is
against the law”**

Talking Points



I think that ...

I don't think... is right because...

My opinion is...

I would argue the same because...

I disagree with... because...

Building on what... said. I think...

An alternate way of looking at this is...

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Do you agree or disagree? Why?

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Would you like to challenge what is being said?

Do you have an alternative idea?





REVIEW YOUR LEARNING OUTCOMES

ASSESSMENT
FOR LEARNING

CONFIDENCE CHECKER



AFTER THE LESSON	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
Knowledge, Skills & Actions	1	2	3	4	5	6	7	8	9	10
I can explain what consent is, and the need for consent										
I know the law in relation to consent, sexual assault, and rape										
I can describe the consequences of sexual activity without consent										



Complete the confidence checker of where you think you are at for this lesson

(Discussion or complete sheet)



3 Minutes

I'm not
confident at all
on this topic

A little
confident

Confident

Very
confident

I am super
confident on
this topic

HOMEWORK SUGGESTION

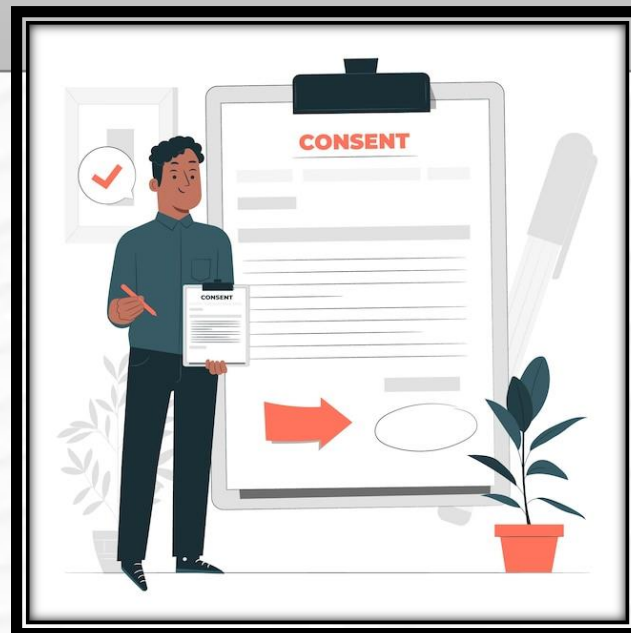
Homework Explained

Create a poster or other visual representation highlighting the importance of sexual consent.

DUE DATE

It must be submitted by..

Hand / Google
Classroom





IMPORTANT INFORMATION



2 Minutes



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT
WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS, HEAD OF YEAR,
A TRUSTED ADULT OR FRIEND.

IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW.
IT IS IMPORTANT TO SPEAK UP AND TELL SOMEONE!

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- ☐ <https://www.gottman.com/> - provide a research-based approach to relationships
- ☐ <https://www.childline.org.uk/> - support on all sorts of topics
- ☐ <https://www.youngminds.org.uk/young-person/coping-with-life/friends/> - a guide to friends for young people
- ☐ <https://www.loveisrespect.org/> : This website is dedicated to providing information and support to young people who are experiencing dating abuse.

RELATIONSHIPS
& SEX EDUCATION



SEEKING SUPPORT

REFLECTION PLENARY



A problem I overcame today was...

Before I only knew...
now I also know...

The key words for this lesson
were...

I'm really proud of the way I have...

Today I have tried to...

The most important thing I have
learnt today is...

I used to feel ... but I now feel ...

Before I would have done...
Now I will ...

Next lesson I would like to...

A question I would like to ask
is...

I would like to learn more
about...

I know if I need further support
or help I could speak to.... or
contact...

I now know I can supported
others by...

One thing I didn't realise was...
this will help me to...

2 Minutes





REFER TO MINDFULNESS POWERPOINT

