

Campaigning Against FGM

LEARNING OUTCOMES

Knowledge, Skills
& Actions



To understand what FGM is
and to know that FGM is
illegal and where you can go
for help and support

To explore the social and
economic excuses used by
people to encourage FGM

To evaluate the best way to
campaign against FGM
practices here in the UK and
abroad

NEW VOCABULARY

Female Genital Mutilation
Illegality, Circumcise, PTSD
Infertility, Preventable

“My parents have told me
I’m going on holiday back
to Ethiopia soon and I’m
going to become a woman
for the first time. I’m
worried about what this
might involve. They have
told me not to tell anyone ”



STARTER ACTIVITY

What can she do? Is she right to be worried?
Who can she talk to for further support and help?
Is she right to do what her parents are telling her?



3 Minutes

GROUND RULES



Be open and honest
No Personal Comments
Discussions must be about
'general situations'



You don't have to say
things about yourself if
you don't want to

It's OK to be embarrassed
by a topic but don't show
that you are embarrassed
through silliness



Be Respectful

Listen and don't interrupt others
Only 1 person talking at a time
Use the agreed appropriate
language (avoid slang terms)



Don't Make Assumptions
about people's values,
attitudes, behaviours, life
experiences or feelings

PSHE CLASSROOM RULES

DEALING WITH SENSITIVE TOPICS

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

Be Non-Judgemental

No put-downs. Challenge
the opinion, not the
person



Conversations on sensitive
topics stay in the
classroom unless it is a
safeguarding issue

There are **no stupid questions**
It's OK to get things wrong

Enjoy the lesson, challenge your perceptions and understand how to seek further advice and support



Campaigning Against FGM

ASSESSMENT
FOR LEARNING

BASELINE CONFIDENCE CHECKER



BEFORE THE LESSON	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
Knowledge, Skills & Actions	1	2	3	4	5	6	7	8	9	10
I understand the dangers associated with FGM										
I can explain the economic and social excuses made for committing FGM										
I know which human rights are being abused by FGM										



Complete a baseline assessment of where you think you are at for this lesson
(Discuss or complete sheet)



2 Minutes

I'm not confident at all on this topic

A little confident

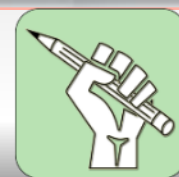
Confident

Very confident

I am super confident on this topic



Primary School Leading The Way!



FGM Norbury School

Task: Pick one or two coloured hats and answer all the related questions



10 Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



What thinking is needed? Next steps? Where are we now?

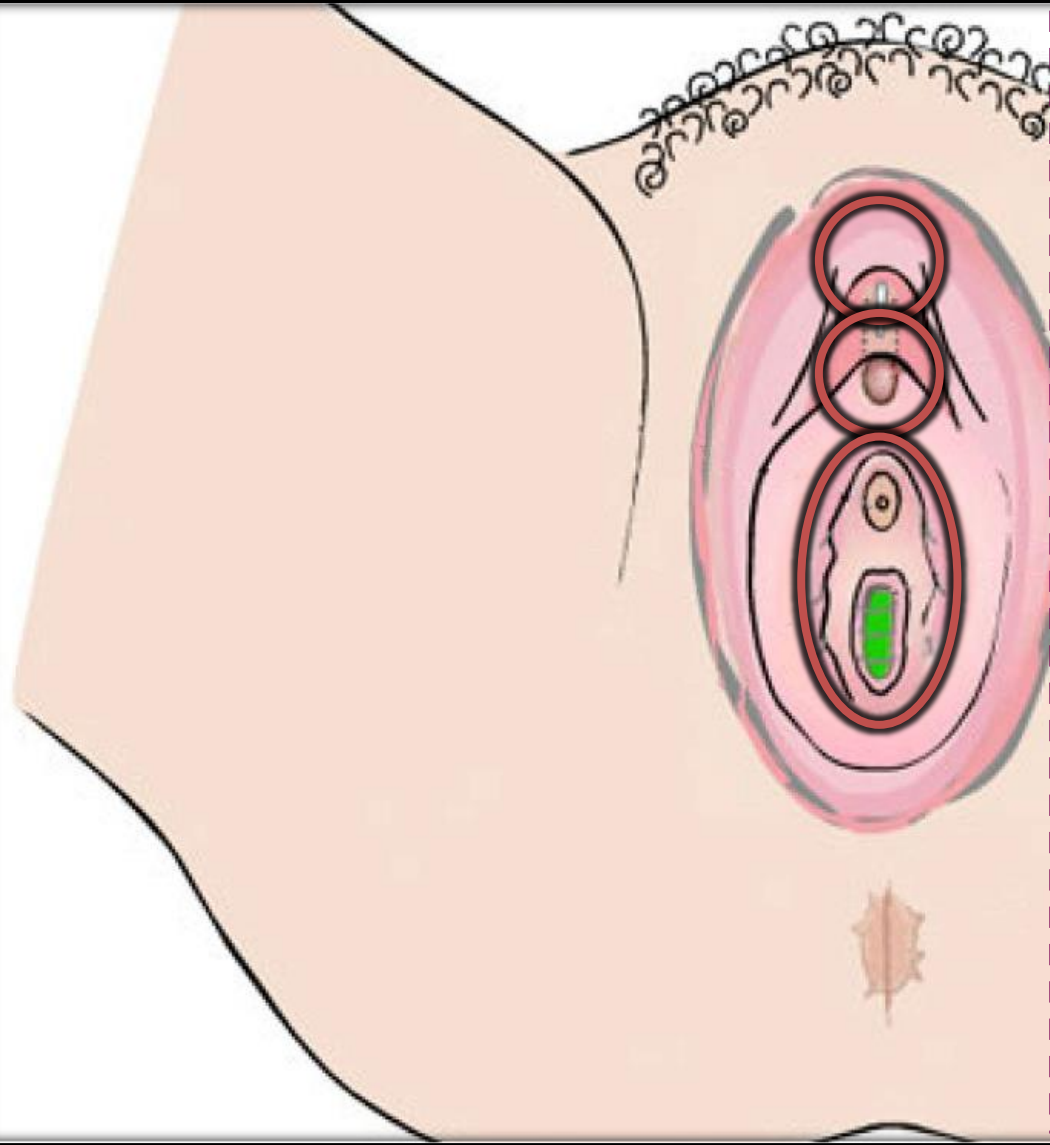
THINKING



What is wrong? Is it safe? Can it be done?

JUDGEMENT

Female Genital Mutilation can take a few different forms



- The clitoris or clitoris hood is removed
- Part of the clitoris hood and/ or inner lips may be removed
- Part of the vulva may also be altered
- The urethra and or the vagina opening may also be stitched up by sewing/ stitching together the inner and outer lips- reducing the size of the opening
- Anything else that involves mutilating the female genitals (scraping, burning, cutting, piercing etc)

ALL FORMS ARE ILLEGAL AND NOT RELIGIOUS PRACTICES!

Key Aspect of the Law on FGM

FGM is classed as child abuse in the UK and is illegal

The FGM Act 2003

It is illegal to support help or arrange for FGM to be performed.

A person guilty of an offence under sections 1, 2 and 3 of the FGM Act 2003 is liable: on conviction on indictment, to imprisonment for a term not exceeding 14 years or a fine (or both).

It is also a criminal offence for UK nationals or permanent UK residents to perform FGM overseas or take their child abroad to have FGM carried out.



Task

What if a young girl gives consent to FGM?
What does consent involve?



Female Genital Mutilation

Female Genital Mutilation encompasses all procedures that involve partial or total removal of the external female genitalia, or other injuries to the female genital organs for non-medical reasons (World Health Organisation).

It is also sometimes referred to as female genital cutting or female circumcision or 'Tahor' or 'Sunna' (Arabic terms). It has been condemned by religious leaders and is an act of violence against women!

The physical dangers of female genital mutilation are:

- Difficulties in passing urine
- Pain
- Bleeding
- Infection
- Infertility
- Death!

Female genital mutilation is

- Damaging
- Dangerous
- Preventable

If you are worried you should tell a trusted adult.

FEMALE
GENITAL
MUTILATION
A Fixers
Campaign

8 Minutes

PLAY VIDEO

Did you know?

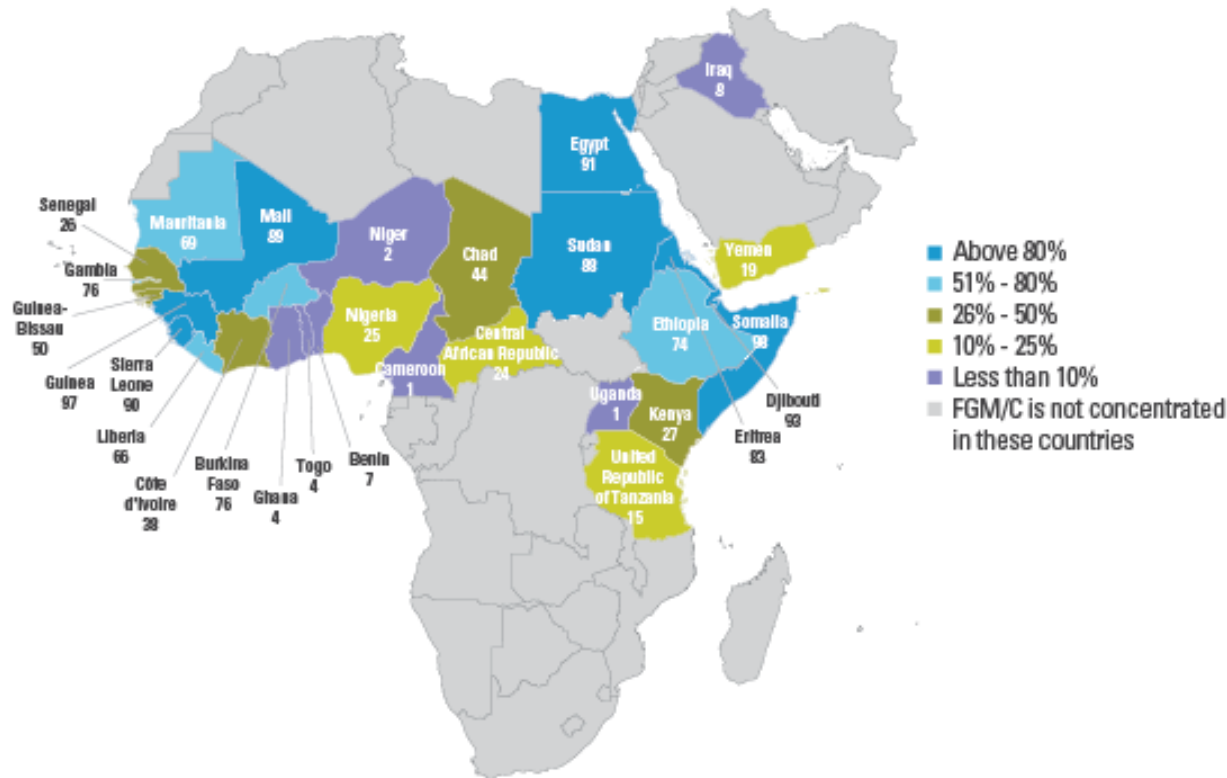
Up to 200 million girls and women worldwide have had their genitals mutilated in a practice that has no benefit whatsoever.

Task

- How are young girls pressured into FGM?
- Why is it hard to say no?
- What 'lies' are they fed?
- Where can a girl turn to if she needed help?

Where in the World is FGM most prevalent?

Prevalence of FGM



- According to the World Health Organization (WHO), more than 200 million girls and women alive today have undergone some form of FGM in 30 countries across Africa, the Middle East and Asia.
- FGM is not limited to these regions and is also practiced in some communities in Europe, North America, South America, and Oceania.

Task

Does anything about this image or information surprise you?

Why would a community willingly harm its young women?

SORTING ACTIVITY

WHAT EXCUSES DO PEOPLE USE FOR ENCOURAGING FGM?

SOCIAL

ECONOMIC

NOT SURE

**It's part of your
cultural identity**

**To protect a girls
virginity**

**To enhance male
sexual pleasure**

**To make the value of
a woman increase**

**Circumcisers get
paid, keeps them in
business**

**To prepare a girl for
marriage**

**Some community
leaders are paid to
give permission for it
to be done**

**A girl has now
become a woman**

**Recognised all over
the world**

**Prove she is a virgin
to a future husband**

**At FGM celebrations
people provide
money & gifts**

**Reduce a woman's
sexual libido**

**People say it's for
their religion.
Not true!**

**To make a girl more
beautiful**

**To keep a girl
obedient**

SORTING ACTIVITY

WHAT EXCUSES DO PEOPLE USE FOR ENCOURAGING FGM?

SOCIAL

It's part of your
cultural identity

To protect a girls
virginity

To prepare a girl for
marriage

A girl has now
become a woman

To enhance male
sexual pleasure

Prove she is a virgin
to a future husband

Recognised all over
the world

People say it's for
their religion.
Not true!

Reduce a woman's
sexual libido

To make a girl more
beautiful

To keep a girl
obedient

ECONOMIC

To make the value of
a woman increase

Circumcisers get
paid, keeps them in
business

At FGM celebrations
people provide
money & gifts

Some community
leaders are paid to
give permission for it
to be done

Task

How could you argue against some of these justifications for having young women go through FGM?

Does FGM support Gender Equality?

Core Aims for Young People for Relationships and Sex Education in Secondary Schools

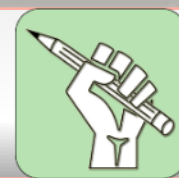
- ✓ Respect and understanding of consent
- ✓ Understanding of anatomy, physiology, dysfunction, fertility and sexual response
- ✓ Ability to maintain safety (legally, physically and emotionally)
- ✓ Understand how to build, maintain and negotiate healthy relationships
- ✓ Celebrate sexuality, pleasure and the joy of sexual relationships
- ✓ Understand own values/ beliefs and how they impact on decision-making and behaviour
- ✓ Ability to comprehend, establish and respect boundaries
- ✓ Build resilience to be able to manage any unwanted outcomes
- ✓ Having an awareness of the diversity of sexual behaviour
- ✓ Understanding of varying gender roles in cultures and societies
- ✓ Applying critical analysis to media representations
- ✓ Developing a positive attitude to own concept of self

Task

Which of the above core aims link in with why schools are teaching about FGM?



Campaigners Against Female Genital Mutilation



End FGM: Highlights of the Guardian's Global Media Campaign

Task: Pick one or two coloured hats and answer all the related questions



6 Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



What thinking is needed? Next steps? Where are we now?

THINKING



What is wrong? Is it safe? Can it be done?

JUDGEMENT

"Female Genital Mutilation has no health benefits and harms girls and women in many ways"

World Health Organisation

"Female Genital Mutilation Violates your Human Rights!"

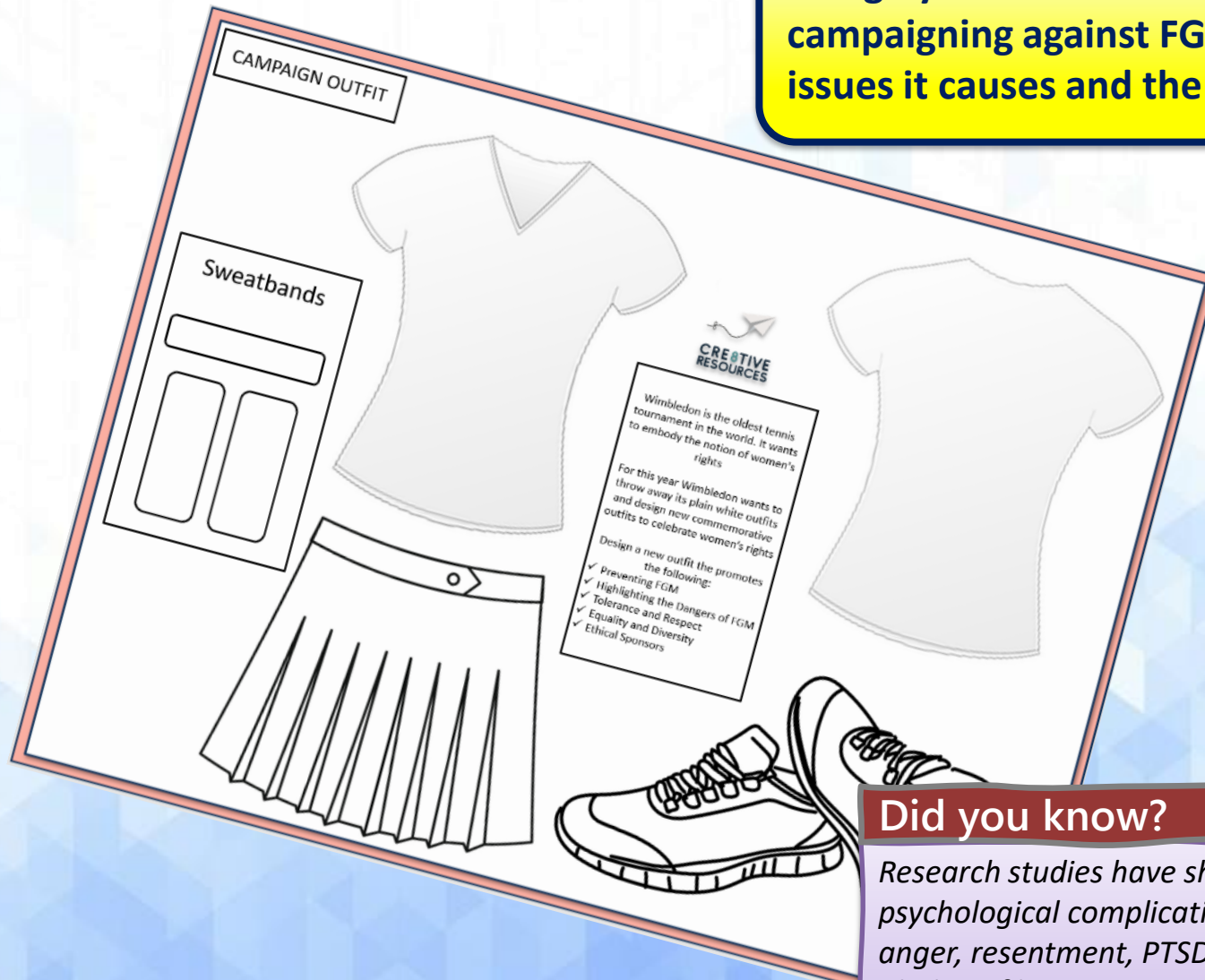
United Nations

"Female Genital Mutilation is not religious and is not required by any religion any claims have been made falsely, it is a cultural practice "

HANDOUT

Task

Design your own Wimbledon outfit campaigning against FGM, highlighting the issues it causes and the illegality of it



Did you know?

Research studies have shown that FGM causes psychological complications for women. These include anger, resentment, PTSD, a fear of helplessness and a phobia of having sex and feeling isolated like you don't belong or are not normal anymore.

Which Human Rights are being abused by FGM?

Click on each human right you think is being abused by the practice of female genital mutilation. Tip: There are 14!

Human Right 1

We are all born free
and equal

Human Right 2

Don't discriminate

Human Right 3

The right to life

Human Right 4

The right to not be a
slave

Human Right 5

No one should be
tortured

Human Right 6

Having rights no
matter where you go

Human Right 7

We are all equal
before the law

Human Right 8

Your human rights are
protected by law

Human Right 9

No unfair
imprisonment

Human Right 10

The right to a fair
trial

Human Right 11

You are innocent until
proven guilty

Human Right 12

The right to privacy

Human Right 13

The right to move

Human Right 14

The right to seek a
safe place to live

Human Right 15

The right to a
nationality

Human Right 16

The right to marriage
and family

Human Right 17

The right to own
things

Human Right 18

Freedom of thought

Human Right 19

Freedom of
expression

Human Right 20

The right to public
assembly

Human Right 21

The right to
democracy

Human Right 22

The right to social
security

Human Right 23

Workers' rights

Human Right 24

The right to play

Human Right 25

Food and shelter for
all

Human Right 26

Right to an education

Human Right 27

Copyright

Human Right 28

The right to a fair and
free world

Human Right 29

Right to responsibility

Human Right 30

No one can take away
your human rights

What Do You Think?



"People in western countries should not interfere with cultural practices from other countries, even if it is against someone's Human Rights"

Talking Points



I think that ...
I don't think... is right because...
My opinion is...
I would argue the same because...
I disagree with... because...
Building on what... said. I think...
An alternate way of looking at this is...
I sort of agree, however...
I would challenge what... said because ...

Do you agree or disagree? Why?

Can you add to the statement?

Do you have a question about the statement?

Would you like to challenge what is being said?

Do you have an alternative idea?





REVIEW YOUR LEARNING OUTCOMES

ASSESSMENT
FOR LEARNING

CONFIDENCE CHECKER



AFTER THE LESSON	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
Knowledge, Skills & Actions	1	2	3	4	5	6	7	8	9	10
I understand the dangers associated with FGM										
I can explain the economic and social excuses made for committing FGM										
I know which human rights are being abused by FGM										



3 Minutes



Complete the confidence checker of where you think you are at for this lesson

(Discussion or complete sheet)



I'm not confident at all on this topic



A little confident



Confident



Very confident



I am super confident on this topic

HOMEWORK SUGGESTION



DUE DATE

It must be submitted by..

Hand/ Google Classroom



Homework Explained

Use another A4 sheet of paper to add more to your Wimbledon outfit campaigning against FGM. You could include a different campaign outfit for the male competitors with a campaign slogan and hashtags.





IMPORTANT INFORMATION



2 Minutes



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT
WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS, HEAD OF YEAR,
A TRUSTED ADULT OR FRIEND.

IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW,
IT IS IMPORTANT TO SPEAK UP AND TELL SOMEONE!

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- ☐ <http://www.forwarduk.org.uk> Charity that campaigns against FGM and violence towards women 0208 960 4000
- ☐ <https://www.gottman.com/> - provide a research-based approach to relationships
- ☐ <https://www.childline.org.uk> - support on all sorts of topics Call and speak to Childline 08001111
- ☐ <https://www.loveisrespect.org/> : This website is dedicated to providing information and support to young people who are experiencing dating abuse.

RELATIONSHIPS
& SEX EDUCATION

SEEKING
SUPPORT

REFLECTION PLENARY



A problem I overcame today was...

Before I only knew...
now I also know...

The key words for this lesson
were...

I'm really proud of the way I have...

Today I have tried to...

The most important thing I have
learnt today is...

I used to feel ... but I now feel ...

Before I would have done...
Now I will ...

Next lesson I would like to...

A question I would like to ask
is...

I would like to learn more
about...

I know if I need further support
or help I could speak to... or
contact...

I now know I can supported
others by...

One thing I didn't realise was...
this will help me to...

2 Minutes





REFER TO MINDFULNESS POWERPOINT

