

Online Pornography (Myths vs Reality)

LEARNING OUTCOMES

Knowledge, Skills
& Actions



To outline what is and is not
legal in terms of
pornography

To identify the differences
between what is seen in
porn and what happens in
real life

To look at the impact of
porn on society and
relationships

NEW VOCABULARY

Revenge Porn, Extreme Porn,
Child Pornography, Illegal,
Sexual Excitement,
Stimulation

Pornography is...

***'Visual material
containing the
explicit description
or display of sexual
organs or activity
intended to
stimulate sexual
excitement.'***



STARTER ACTIVITY

Are there different types of pornography?
What is sexting?
Are porn and sex two different things?
How might porn be damaging for society?



3 Minutes

GROUND RULES



Be open and honest
No Personal Comments
Discussions must be about
'general situations'



You don't have to say
things about yourself if
you don't want to

It's OK to be embarrassed
by a topic but don't show
that you are embarrassed
through silliness



Be Respectful

Listen and don't interrupt others
Only 1 person talking at a time
Use the agreed appropriate
language (avoid slang terms)



Don't Make Assumptions
about people's values,
attitudes, behaviours, life
experiences or feelings

PSHE CLASSROOM RULES

DEALING WITH SENSITIVE TOPICS

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

Be Non-Judgemental

No put-downs. Challenge
the opinion, not the
person



Conversations on sensitive
topics stay in the
classroom unless it is a
safeguarding issue

There are **no stupid questions**
It's OK to get things wrong

Enjoy the lesson, challenge your perceptions and understand how to seek further advice and support



Online Pornography (Myths vs Reality)

ASSESSMENT
FOR LEARNING

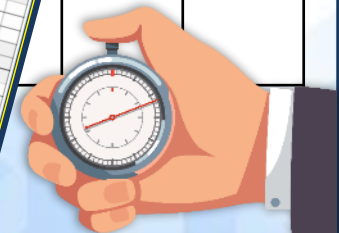
BASELINE CONFIDENCE CHECKER



BEFORE THE LESSON	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
Knowledge, Skills & Actions	1	2	3	4	5	6	7	8	9	10
I understand which types of pornography are illegal										
I understand the differences between real life sex and porn life sex										
I can explain the impact porn has on society and relationships										



Complete a baseline assessment of where you think you are at for this lesson
(Discuss or complete sheet)



2 Minutes

I'm not confident at all on this topic

A little confident

Confident

Very confident

I am super confident on this topic

SORTING ACTIVITY

*Match the different types of illegal pornography
with their correct meanings*

**Extreme
Pornography**

Sharing images or videos of someone else
without their consent with the intention to
cause them distress or embarrassment.

A

**Child
Pornography**

Pornography that involves anyone under the
age of 18.

B

**Revenge
Pornography**

Sending or receiving sexually explicit
messages. It is illegal for anyone under the age
of 18 to do this.

C

Sexting

This may involve animals, corpses, rape and or
serious injury to a person.

D

Task

What can the government do
to stop all of these above?

Challenge

What could happen if you send a sexually
explicit image (A sext message) to a friend,
loved one or partner?

**TASK
OR
CHALLENGE**

Key Aspect of the Law on Pornography

Extreme Porn

It is a criminal offence to possess extreme pornographic images or videos (animals, corpses, serious injury, rape)

Punishable by up to 3 years in prison

Criminal Justice and Immigration Act 2008 – Extreme Porn

Revenge Porn

Known as Image Based Sexual Abuse

This criminal offence broadly has three elements which need to be proven:

1. Disclosure of a private sexual photograph or film
2. Without the consent of the person depicted
3. With the intention of causing that individual distress

Punishable by up to 2 years in prison

Criminal Justice Act 2015 – Revenge Porn

Child Porn

It is illegal to take, make, distribute, show or possess for the intent of showing or distributing an indecent photograph.

These are punishable by up to 14 years in prison.

Protection of Children Act 1978 ("the 1978 Act") – Child Porn



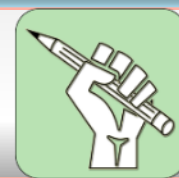
Sexualisation

E.G. Television

**Apart from porn
where else might
you see sexualized
images?**



AMAZE.ORG Porn: Fact or Fiction



Porn: Fact or Fiction

Task: Pick one or two coloured hats and answer all the related questions



2 Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



What thinking is needed? Next steps? Where are we now?

THINKING



What is wrong? Is it safe? Can it be done?

JUDGEMENT



Discussion topics



Where do most sexualised images originate from?

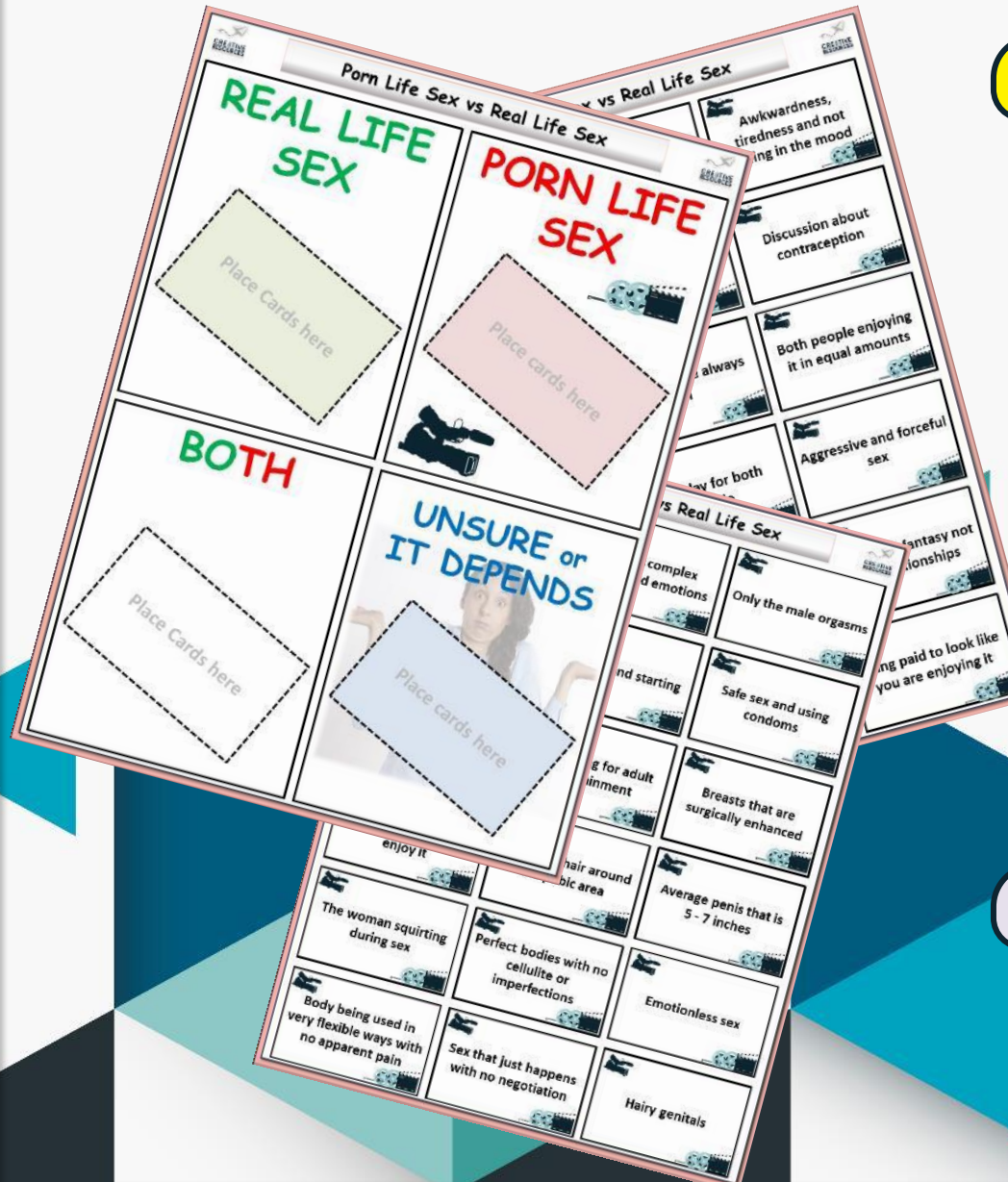
How does constantly seeing these images impact us?

What messages can we learn from them?
Are they messages we should be learning?

Is porn a true reflection of sex in real life?

Make up a discussion topic

ACTIVITY Porn Life Sex Vs. Real Life Sex



Task

Sort out your 36 statements and put them into one of the four categories provided.

Work as a team

EXTENSION

Come up with three extra behaviours that could be healthy or unhealthy

Challenge

Explain why some may go in the middle

HOT
DREAMS



How much influence does porn have on perceptions of sex and relationships?



Did you know?

Porn stimulates the pleasure and reward parts of the brain and this quickly increases the production of dopamine (a chemical in our brains associated with both sexual arousal and drug highs). Because of this, it can make watching porn very addictive.

Did you know?

Although the performers actually have sex it is also acted and it is adult entertainment so it is not really the way real sex is in actual relationships. They are paid (often not very much) to look like they are enjoying it.



Studies of the Effects of Pornography



The Effects of Pornography on Your Brain

Task: Pick one or two coloured hats and answer all the related questions



5.5
Minutes



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



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What Do You Think?



"All porn should be made illegal because boys are more likely to watch porn and then expect the girls to do things that just aren't real or enjoyable"

Talking Points



I think that ...
I don't think... is right because...
My opinion is...
I would argue the same because...
I disagree with... because...
Building on what... said, I think...
An alternate way of looking at this is...
I sort of agree, however...
I would challenge what... said because ...

Do you agree or disagree? Why?

Can you add to the statement?

Do you have a question about the statement?

Would you like to challenge what is being said?

Do you have an alternative idea?



**HOW MUCH DO YOU AGREE WITH THE FINDINGS OF RESEARCH STUDIES ABOUT PORN
AND ITS IMPACT ON SOCIETY?**

DISAGREE

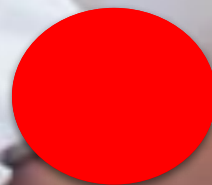
NOT SURE

AGREE

Pornography leads men to have low expectations of women and other men



Watching porn contributes to being unhappy about your own body image and the unrealistic expectations of your partners body



Watching porn leads to the objectification of women in real life by men



Watching porn can lead to poorer sexual experiences as real life sex doesn't match up to the fantasy porn online





REVIEW YOUR LEARNING OUTCOMES

ASSESSMENT
FOR LEARNING

CONFIDENCE CHECKER



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Complete the confidence checker of where you think you are at for this lesson

(Discussion or complete sheet)



3 Minutes

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HOMework SUGGESTION

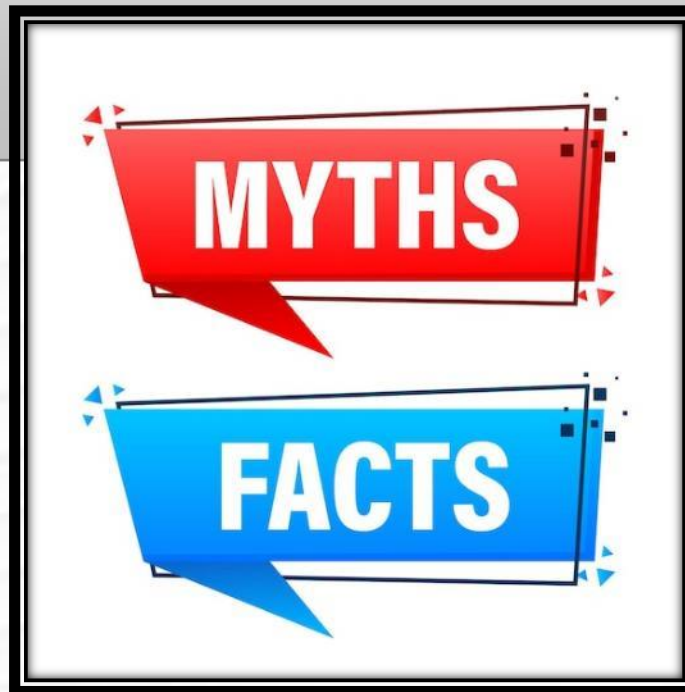
Homework Explained

Create a table or list to present common myths or misconceptions about online pornography on one side, and the corresponding realities or facts on the other side. Provide at least five examples.

DUE DATE

It must be submitted
by...

Hand/ Google Classroom





IMPORTANT INFORMATION



2 Minutes



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT
WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS, HEAD OF YEAR,
A TRUSTED ADULT OR FRIEND.

IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW,
IT IS IMPORTANT TO SPEAK UP AND TELL SOMEONE!

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- ☐ A sexual health clinic (GUM clinic)
- ☐ <https://www.childline.org.uk/info-advice/> - info on topics including friends, relationships & sex
- ☐ Call the national sexual health helpline on 0300 123 7123 for details
- ☐ Brook centres - for under-25s
- ☐ GP surgeries
- ☐ NHS Website <https://www.nhs.uk/live-well/sexual-health/>

RELATIONSHIPS
& SEX EDUCATION



SEEKING SUPPORT

REFLECTION PLENARY



A problem I overcame today was...

Before I only knew...
now I also know...

The key words for this lesson
were...

I'm really proud of the way I have...

Today I have tried to...

The most important thing I have
learnt today is...

I used to feel ... but I now feel ...

Before I would have done...
Now I will ...

Next lesson I would like to...

A question I would like to ask
is...

I would like to learn more
about...

I know if I need further support
or help I could speak to... or
contact...

I now know I can supported
others by...

One thing I didn't realise was...
this will help me to...

2 Minutes





REFER TO MINDFULNESS POWERPOINT

