RELATIONSHIPS AND SEX EDUCATION



Risk, Relationships & Sex Education Monday, 22 September 2025



Porn and its Impact on Society

LEARNING OUTCOMES

Knowledge, Skills

& Actions







To understand how porn may negatively influence a person's behaviour in society

To explore how common access to pornographic material can affect attitudes and beliefs towards sex, relationships and self-esteem

To know what revenge porn is and the law surrounding it

NEW VOCABULARY

Pornography, Negative Influence, Revenge Porn, Intercourse, Indecent Images



In porn, quite often the man is in charge and assumes that a range of activities will be done to a woman rather than with her.

STARTER ACTIVITY

Why don't people use condoms in a lot of porn? What dangers could these actors and actresses be putting themselves in? Does porn impact young people's views about what 'real life sex' is like?



GROUND



Be open and honest

No Personal Comments

Discussions must be about

'general situations'

You don't have to say things about yourself if you don't want to

It's OK to be embarrassed

by a topic but don't show that you are embarrassed through silliness

Be Respectful

Listen and don't interrupt others

Only 1 person talking at a time

Use the agreed appropriate language (avoid slang terms)



DEALING WITH SENSITIVE TOPICS

SAFEGUARDING YOUR
WELFARE & HAVING YOUR
INTERESTS AT HEART

There are **no stupid questions**It's OK to get things wrong





Don't Make Assumptions

about people's values, attitudes, behaviours, life experiences or feelings

Be Non-Judgemental
No put-downs. Challenge
the opinion, not the
person

Conversations on sensitive topics stay in the classroom unless it is a safeguarding issue

Enjoy the lesson, challenge your perceptions and understand how to seek further advice and support



Porn and its Impact on Society



BASELINE CONFIDENCE CHECKER



101(12)					
BEFORE THE LESSON	NOT		CONFIDENT		VERY
Knowledge, Skills & Actions	1 0 2	3 🌳 4	5 💝 6	7 🌳 8	9 10
I know how porn can negatively influence a person's behaviour in society					
I can identify a range of aspects that are under represented in porn			Bullion Long Control of the Control	Coop Coop Coop Coop Coop Coop Coop Coop	7
I know what revenge porn is and the law surrounding it					
Complete a baseli	<mark>ne assessme</mark> r	nt of where y	OU KEY		



Complete a baseline assessment of where you think you are at for this lesson (Discuss or complete sheet)

2 Minutes

I'm not confident at all on this topic

A little confident

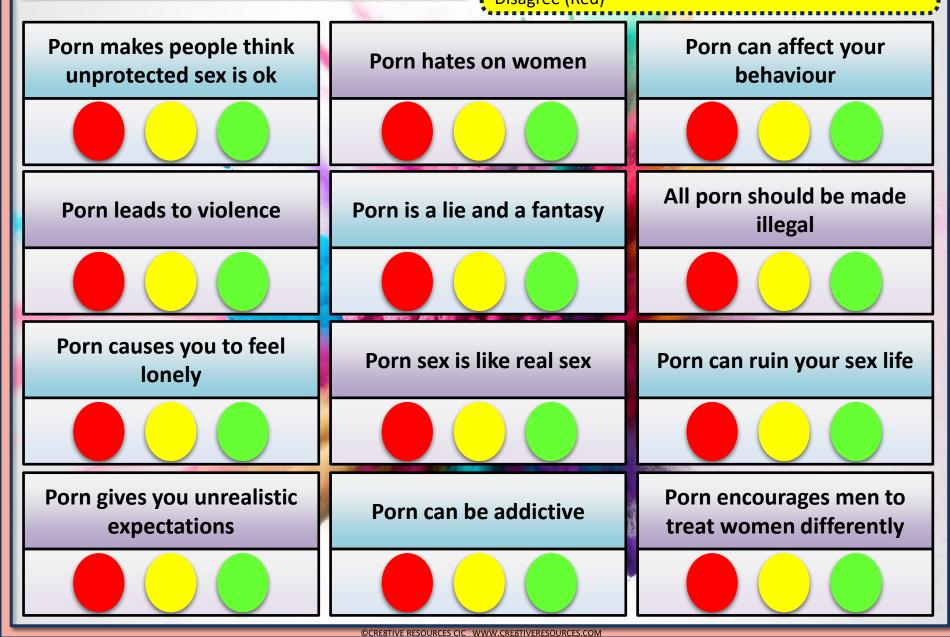






VIEWS ON PORN

Discuss each statement and decide if you agree (Green)
Not sure / Mixed Views (Amber)
Disagree (Red)





Porn - What you should know



Porn - What you should know. The Practical Guide to Love, Sex & Relationships.

Task: Pick one or two coloured hats and answer all the related questions







What facts do I

know? What else do I need to know?

What do I want to

know?



How do I feel about this? What don't I like about this? What do I like about this?



Can something be done? New ideas? What are the solutions/ suggestions?



What thinking is needed?
Next steps?
Where are we now?



What is wrong? Is it safe? Can it be done?

INFORMATION

FEELINGS

CREATIVITY

THINKING

JUDGEMENT

Key Aspect of the Law on Consent

The age of consent to any form of sexual activity is 16. The age of consent is the same regardless of the gender or sexual orientation of a person and whether the sexual activity is between people of the same or different gender.

- It is an offence for anyone to have any sexual activity with a person under the age of 16 (if both are under 16, this will be a matter of public interest to decide if a prosecution will be sought).
- It is an offence for a person aged 18 or over to have any sexual activity with a person under the age of 18 if the older person holds a position of trust, (for example a teacher or social worker) as such sexual activity is an abuse of the position of trust.

EXTRACTS FROM

Home Office, Children and Families: Safer from Sexual Crime – The Sexual Offences Act 2003, London: Home Office Communications Directorate, 2004.

Did you know?

Pornographic videos sold or distributed legally within the UK must receive a certificate from the British Board of Film Classification (BBFC)



Are these represented in pornography?

CONSENT

EMOTION

CONTRACEPTION

RESPECT

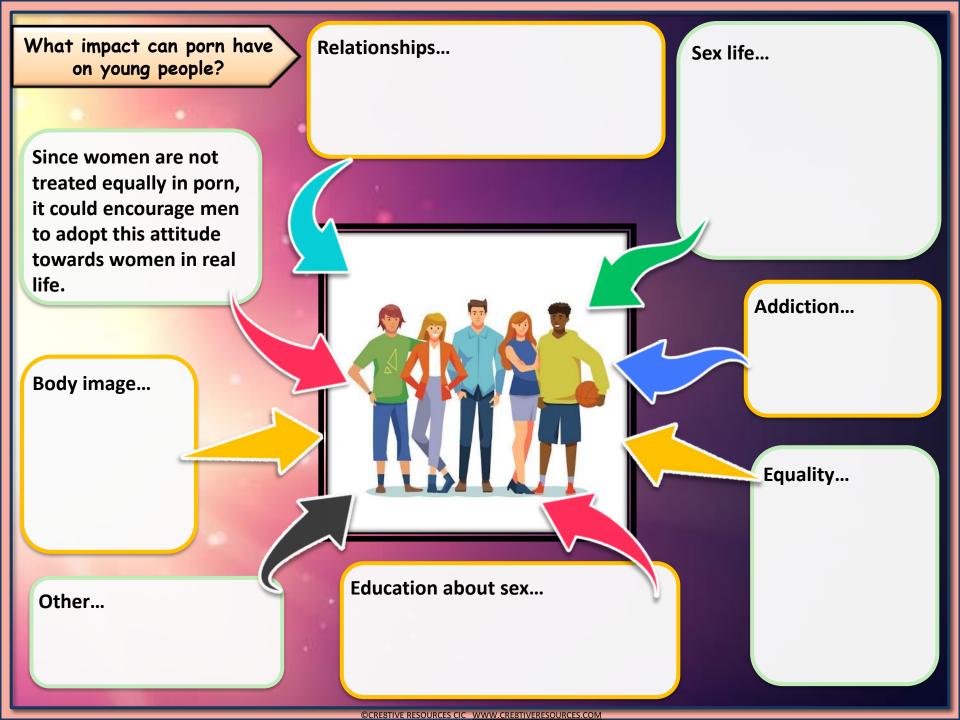
NEGOTIATION

Did you know?

Pornography is not about representing real sex or relationships its only concern is with very simple visual sexual stimulation.

Task

Explain why these five things might often not be well represented in pornography



GENDER EQUALITY - WOMEN'S RIGHT AND PORN



Does viewing porn affect the way men think about and treat women? Does this affect expectations of women in terms of their abilities and careers?



Does porn encourage men to treat women in an abusive way and normalise violence towards women and partners? Does porn reinforce gender stereotypes of males being the more dominate and powerful people in society?

Key Aspect of the Law on Porn

Legal Forms of Porn

Pornography showing explicit depictions of intercourse, oral sex and anal sex, as long as it's not extreme, those involved have consented and are over 18 year old.

Illegal Forms of Porn

- Indecent images of children (sexual images of under 18s)
- Extreme pornography
- Anything showing bestiality (with animals)
- Anything showing or alluding to necrophilia (with a corpse)
- Rape or sexual assault

Source: www.justice.gov.uk

Did you know?

69% of teenage boys between the ages of 13 and 17 said that, even if nobody ever knew about it, they would feel guilty about looking at pornography on the internet. 86% of girls felt the same way.

Young people between the ages of 18 and 24 were the most likely of all generations to report negative consequences of internet pornography.



Chrissy **Chambers: I** Was a Victim of Revenge Porn | This Morning



6 Minutes

Did you know?

REVENGE PORN

Known as Image Based Sexual Abuse This criminal offence broadly has three elements which need to be proven:

- 1. Disclosure of a private sexual photograph or film
- 2. Without the consent of the person depicted
- 3. With the intention of causing that individual distress Punishable by up to 2 years in prison Extract from Criminal Justice Act 2015

Task

Video Review Questions

- What is revenge porn?
- What happened to the perpetrator?
- What happened to the victim?
- What impact did it have in the short term and long term?
- 5. How did it impact Chrissy Chambers' mental health?

Why is Chrissy Chambers' case a landmark case in British history?

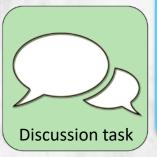


"The UK and other governments want to limit access to pornography on the internet"

THOUGHTS & FEELINGS

What is your opinion on the statement above?

STRONGLY DISAGREE	DISAGREE			AGREE			STRONGLY AGREE
Start with one of these cards		Or one of these					
There is evidence that	Surely	I'm not convinced that	I understand that, but	I'm not sure I understand, please could	So, are you saying that	In my opinion	I think
Therefore	Clearly	Yes, but on the other hand	Perhaps	So, you think that	Does this mean	So if does that mean that	I wonder if
I would contest	Why do you think that	Unlike	I disagree	I partially agree	Consequently	Obviously	Something else to consider is



Task 1: Discuss/debate with your partner your personal views towards this statement, using the cards to help get you started.

Extension: Can you think of specific examples of recent events that would support this statement and other specific examples that would go against this statement?





REVIEW YOUR LEARNING OUTCOMES

CONFIDENCE CHECKER



AFTER THE LESSON	NOT CONFIDENT		CONFIDENT		VERY	
Knowledge, Skills & Actions	1 0 2	3 🍑 4	5 🌳 6	7 🔷 8	9 🍑 10	
I know how porn can negatively influence a person's behaviour in society						
I can identify a range of aspects that are under represented in porn			STORY OF THE PROPERTY OF THE P	William Orienta and American A		
I know what revenge porn is and the law surrounding it						
Complete the co	nfidence che	cker of wher	e Kry			



Complete the confidence checker of where you think you are at for this lesson

(Discussion or complete sheet)



I'm not confident at all on this topic

A little confident



Confident



I am super confident on this topic

HOMEWORK SUGGESTION





DUE DATE

It must be submitted by...

Hand/ Google Classroom



Homework Explained

Create an empowering letter, poem or song to remind people that what they may see on a pornographic site is not true to real life. Try to include a message e.g. gender equality and women's rights.







IMPORTANT INFORMATION



2 Minutes



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS, HEAD OF YEAR,
A TRUSTED ADULT OR FRIEND.

IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW, IT IS IMPORTANT TO SPEAK UP AND TELL SOMEONE!

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- ☐ A sexual health clinic (GUM clinic)
- □ https://www.childline.org.uk/info-advice/ info on topics including friends, relationships & sex
- □ Call the national sexual health helpline on 0300 123 7123 for details
- ☐ Brook centres for under-25s
- ☐ GP surgeries
- □ NHS Website https://www.nhs.uk/live-well/sexual-health/



SEEKING SUPPORT

REFLECTION PLENARY



A problem I overcame today was...

Before I only knew...
now I also know...

The key words for this lesson were...

I'm really proud of the way I have...

Today I have tried to...

The most important thing I have learnt today is...

I used to feel ... but I now feel ...

Before I would have done...
Now I will ...

Next lesson I would like to...

A question I would like to ask is...

I would like to learn more about...

I know if I need further support or help I could speak to... or contact...

I now know I can supported others by...

One thing I didn't realise was... this will help me to...

2 Minutes



