

Year 10C

Curriculum Model

	10C/Pe1	10C/Pe2	10C/Pe3	10C/Pe4
	Path 1	Path 2	Path 3	Path 4
	Mon 3 Wed 1 Wed 3	Mon 3 Wed 1 Wed 3	Mon 3 Wed 1 Wed 3	Mon 3 Wed 1 Wed 3
	BL	ABA	DS	NB
Half Term 1 8 Weeks	RUGBY (field)	BADMINTON / TABLE TENNIS (sports hall)	FITNESS / JUST DANCE (fitness suite)	DODGEBALL / BENCHBALL (old gym)
HT2				
Half Term 2 7 Weeks	DODGEBALL (old gym)	FOOTBALL (astro)	TRAMPOLINING (sports hall)	BADMINTON (sports hall)
HT3				
Half Term 3 6 Weeks	BADMINTON / TABLE TENNIS (sports hall)	FITNESS (fitness suite)	DODGEBALL (old gym)	JUST DANCE (theatre)
HT4				
Half Term 4 6 Weeks	FOOTBALL (astro)	DODGEBALL (old gym)	BADMINTON (sports hall)	TRAMPOLINING (sports hall)
HT5				
Half Term 5 5 Weeks	BASKETBALL (old gym)	ROUNDERS (field)	NETBALL (tennis courts)	FITNESS (fitness suite)
HT6				
Half Term 6 7 Weeks	ROUNDERS (field)	FOOTBALL (astro)	ROUNDERS (field)	ROUNDERS (field)

Independently Active

Embedding active healthy routines