

## STARS Drop-in Training Sessions 2023-24

Training sessions will be delivered through Zoom. See Course information below

Date and Time	Title	Training suitable for...
September 8 <sup>th</sup> 2023 9:45am – 11:15am	Overview of the Autism Education Trust Making Sense of Autism Training (School Age)	For parents and carers of school age children who want to be aware of the key autism information that STARS are delivering to schools, staff from schools and professionals from other LCC Teams interested in developing their awareness of autism.
October 6 <sup>th</sup> 2023 9:45am – 11:15am	Supporting children to use a symbol exchange system as part of their total communication	For parents, carers and professionals wanting to develop confidence in supporting children to use a symbol exchange approach as part of their communication. To increase knowledge of stages 1-4.
November 10 <sup>th</sup> 2023 9:45 am – 11:15am	Emotionally Based School Avoidance and Autism	For parents, carers and professionals. Instances of emotionally based school avoidance (EBSA) are on the increase, particularly in the autistic population. What are the drivers for EBSA and how can schools and families work together to reduce EBSA and support young people back into appropriate education?
December 1 <sup>st</sup> 2023 9:45am – 11:15am	A basic introduction to Intensive Interaction	For parents, carers and professionals who would like to understand more about the development of fundamental communication and interaction, and how this approach can support children in their care to make social connections with others.
January 12 <sup>th</sup> 2024 9:45am – 11:15am	Developing confidence and independence in the community	For parents, carers and professionals. Learning to be safe in the community needs to start at primary age, so that children and young people can develop their confidence and independence in the community in preparation for adolescence and adulthood. The focus will be on independent travel, shopping, and other community activity.
Feb 2 <sup>nd</sup> 2024 9:45am – 11:15am	Anxiety driven work avoidance	For parents, carers, and professionals. Understanding the underlying cause of anxiety driven work avoidance in the classroom and at home, and exploring teaching and support strategies to reduce avoidance and increase children and young people's confidence to engage in learning and other tasks.
March 1 <sup>st</sup> 2024 9:45 – 11:15am	Neurodiversity in the Early Years	For parents, carers and professionals interested in exploring a celebratory approach to supporting autistic children in the early years. Celebrating and accepting neurodivergent and autistic differences, using strengths to support learning and embedding positive language and attitudes across early years settings

<b>April 19<sup>th</sup> 2024</b> <b>9:45 – 11:15am</b>	<b>Transition: Supporting key transition stages from Early Years to Adulthood</b>	<b>For parents, carers and professionals who want to understand the key factors in planning a successful transition for CYP at key points in their lives and to develop their understanding of support strategies/resources and opportunities outside the education system.</b>
<b>May 3<sup>rd</sup> 2024</b> <b>9:45 – 11:15am</b>	<b>Visual supports in the home</b>	<b>For parents, carers and professionals seeking to understand what different kinds of visual supports can be used in the home, how they are used, and why they can be effective for supporting autistic children. Early years focus</b>
<b>June 7<sup>th</sup> 2024</b> <b>9:45 – 11:15am</b>	<b>Understanding and supporting play and interaction in the Early Years</b>	<b>Autistic children enjoy and learn through play, just as typically developing children do. This workshop will consider the main types of play and your role in supporting autistic children to learn, develop and have fun through play and will be targeted at an Early Years audience.</b>
<b>July 5<sup>th</sup> 2024</b> <b>9.45 – 11.15am</b>	<b>Relationships, sex, and consent</b>	<b>For parents, carers, and professionals. Supporting older autistic children and teens to understand consent and the law, to understand how to seek consent, to say no or to withdraw consent. To consider the context for healthy and consensual relationships.</b>

To book a place on the training sessions of your choice please email [starsteam@leeds.gov.uk](mailto:starsteam@leeds.gov.uk) stating your name, the course you wish to attend and the email contact that you want the Zoom invitation to be sent to. You will then be sent a link to join the course.