

Hospitality and Catering

Year 9 2023/24



COMMODITIES

Pastry

Eggs

Emulsification

Meat

Fish

Chicken

Potatoes

Vegetables

Christmas Cake

Fruit

Cheese

Milk

Gelatinisation

Protein

Vitamins and Minerals

The Eatwell Guide

Food allergies

Labelling

NUTRITION

Soda Bread

Gnocchi

Sticky Toffee Pudding

Muffins

Brownies

Cheese and Onion pasties

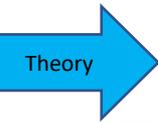
Sweet and Sour

Chicken Balti

Enchiladas

Pizza

Apple and Apricot Scones



Half term 1

Half term 2

Half term 3

Half term 4

Half term 5

Half term 6

Year 10



Highlight in green when you have completed the practical work.