

Year 7A Curriculum Model

	7A/Pe1		7A/Pe2		7A/Pe3		7A/Pe4	
	Boys 1		Boys 2		Girls 1		Girls 2	
	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
	Tues 1	Thurs 4 Fri 5	Tues 1	Thurs 4 Fri 5	Tues 1	Thurs 4 Fri 5	Tues 1	Thurs 4 Fri 5
	BL	BL	ABA	ABA	DS	DS	NB	NB
4 Weeks	Fundamentals		Fundamentals		Fundamentals		Fundamentals	
4 Weeks	Health & Fitness		Health & Fitness		Health & Fitness		Health & Fitness	
Y11 Trial Exam	Orienteering		Orienteering		Orienteering		Orienteering	
8 weeks	Football	Basketball	Gym	Football	Rugby	Gym	Basketball	Rugby
8 weeks	Rugby	Gym	Basketball	Rugby	Football	Basketball	Gym	Football
Y11 Trial Exam	Orienteering		Orienteering		Orienteering		Orienteering	
4 Weeks	Cricket		Cricket		Rounders		Athletics	
4 Weeks	Athletics		Rounders		Cricket		Rounders	
4 Weeks	Rounders		Athletics		Athletics		Cricket	

Confident Movers

Exploring fundamental movement skills in context