

Crawshaw Healthy Schools Visit 2023

MindMate Friendly Assessment Visit

- **Physical Activity:**

- Physical Activity is well led and managed and supported by staff who are invested in embedding a positive physical health message for life. The lead is proactive and has a good vision and action plan for the future. He is fully supported by the head teacher and SLT and has created a good ethos for sport and play within the school.

- This ethos is also fully supported by a highly dedicated and aspirational team that act as key role models for students. This means that the profile of the subject is high and inspires confidence in students to perform. The students spoken to commented on how much they enjoy PE and the variety of sports and activities on offer.

- The curriculum is well planned, and a range of sports is offered to respond to the needs of all students. Key Stage 3 students are provided with 2 hours of timetabled Physical Education (PE). Key Stage 4 students have core PE with the option to also complete GCSE PE.

- Piloting the miMove app over COVID was a successful way to engage students in physical activity out of school and to collect data around students' feelings about fitness and wellbeing. Since Covid the app has been instrumental in encouraging and tracking physical activity in and out of school and supporting a redesign of the PE curriculum.

- The school enriches the curriculum by offering students an extensive range of high quality extra-curricular physical activity opportunities, such as dance, netball, and football and rugby for both genders and uptake is good. The new Astro turf means these skills can also be practised at break and lunchtimes on a rota system.

- The curriculum team has developed several strong partnerships with numerous clubs and external agencies to enhance PE and Physical Activity for all pupils. The school is supported by Leeds Rhinos and the Well School Partnership, the John Charles Centre for Sport supports activities for SEND pupils.

- There is a strong school culture of engaging in sport and therefore the participation level is high, with the focus being on enjoyment and participation, rather than elitism. The school competes in a wide range of competitions, which are offered to both girls and boys.